

NFF Global Learning & Cultural Exchange Host Programme

LEARN IN TANZANIA • ENGAGE WITH COMMUNITIES • EXPERIENCE CULTURE • BUILD GLOBAL UNDERSTANDING

Nurture Forward Foundation hosts international learners and exchange participants in Tanzania through structured field learning, community engagement, cultural exchange, and responsible hosting.

NFF manages the participant's local experience in Tanzania, including orientation, accommodation, welfare, cultural learning, community engagement, and coordination with approved partner institutions where specialist field experience is required.

Building Global Partnerships Through Learning

The NFF Global Learning & Cultural Exchange Host Programme is a Tanzania-based hosting programme for international students, young adults, and youth participating in academic, professional, cultural, and community-learning experiences. NFF is the host institution in Tanzania. It receives participants, manages their local programme experience, provides orientation and welfare support, coordinates accommodation and transport, facilitates community and cultural engagement, and works with approved Tanzanian partner institutions where specialist field experience is required.

What Participants Can Experience: The NFF Three Hosting Model

The programme offers two hosting pathways — International Field Study & Elective Placements for university, college and adult participants, and International Youth & Cultural Exchange Hosting for secondary and high-school-age participants — alongside an optional cultural immersion and Tanzania discovery experience.

MODEL I

International Field Study & Elective Placements

For university, college, and adult participants in academic, professional and field-based learning experiences.

For university, college, and adult participants in areas such as medicine and health-related disciplines, nursing, public health, education, early childhood development, social work, psychology, community development, development studies, and related fields.

Medicine and health-related disciplines

Nursing

Public health

Education

Early childhood development

Social work

Psychology

Community development

Development studies

Related fields

NFF hosts the participant and, where necessary, works with approved hospitals, schools, community organizations, or other institutions that provide the appropriate specialist learning environment.

MODEL II

International Youth & Cultural Exchange Hosting

For secondary/high-school-age participants in recognized cultural exchange, educational, leadership, service-learning, and youth development programmes.

For secondary/high-school-age participants in recognized cultural exchange, educational, leadership, service-learning, and youth development programmes.

- Cultural exchange
- Educational programmes
- Leadership
- Service-learning
- Youth development

Because participants may be minors, this pathway operates under stronger safeguarding, consent, supervision, host-family, welfare, and emergency-response requirements.

For minors, additional requirements include parental consent, host-family screening, supervision, safeguarding procedures, emergency medical authorization, and designated local responsibility.

MODEL III

Cultural Immersion, Community Learning & Tanzania Discovery

An optional cultural experience for participants already hosted under Field Study or Youth Exchange pathways.

The programme may include cultural, community and discovery experiences that help participants learn through Tanzanian families, communities, institutions, culture, language and local life.

- Kiswahili introduction
- Tanzanian customs and traditions
- Local food and community life
- Cultural and historical visits
- Arts and music
- Community events
- Intergenerational learning
- Regional cultural experiences

Participants learn through interaction with Tanzanian families, communities, institutions, culture, language, and local life, in a genuine two-way exchange.

Your NFF Hosting Experience

NFF is the host institution in Tanzania and manages the participant's local experience from arrival to departure.

1. Before Arrival

- Programme planning
- Participant information
- Accommodation
- Insurance
- Health and safety requirements
- Placement requirements
- Arrival arrangements

2. Arrival and Orientation

- Introduction to Tanzania
- Culture
- Safety
- Programme expectations
- Local transport
- Communication
- Emergency procedures

3. Learning Experience

- Participants join their approved field, community, educational, or cultural programme.

4. Community and Cultural Engagement

- Participants learn through interaction with Tanzanian families, communities, institutions, culture, language, and local life.

5. Travel and Discovery

- Where appropriate, participants may extend their experience through organized cultural and tourism activities.

6. Departure and Follow-Up

- Programme evaluation
- Participant reflection
- Partner feedback
- Continued institutional engagement

The overseas institution remains responsible for academic requirements, participant selection, international travel, insurance, and any professional or accreditation requirements. NFF remains responsible for the participant's local hosting experience in Tanzania.

A Clear Division of Responsibilities

The programme operates through a clear division of responsibilities between the sending institution, NFF, and approved local specialist institutions.

Overseas University / School / Sending Organization

The overseas institution remains responsible for:

- Academic requirements
- Participant selection
- International travel
- Insurance
- Any professional or accreditation requirements

Nurture Forward Foundation

NFF is the host institution in Tanzania and provides:

- Pre-arrival planning
- Arrival and departure coordination
- Local orientation
- Accommodation arrangements
- Participant welfare and emergency support
- Local transport coordination
- Community engagement
- Cultural learning
- Field-placement support where applicable
- Liaison with local programme partners
- Programme monitoring and participant feedback
- Optional cultural and travel experiences

Tanzanian Specialist Institutions

Where specialist learning is required, NFF works with approved Tanzanian institutions such as hospitals, schools, community organizations, and professional bodies, which:

- Support programme delivery within their areas of expertise
- Provide the appropriate specialist learning environment
- Retain professional and institutional supervision within their mandate

The Participant

Participants are responsible for:

- Providing accurate information.
- Respecting Tanzanian laws and culture.
- Following NFF and partner-institution policies.
- Maintaining appropriate insurance.
- Respecting safeguarding and confidentiality requirements.
- Acting only within authorized academic or professional boundaries.
- Conducting themselves responsibly throughout the program.

Why Partner With NFF?

NFF welcomes partnerships with universities, colleges, study-abroad providers, professional elective organizations, youth exchange programmes, international schools, and other recognized institutions seeking a reliable host institution in Tanzania. Partnerships may be developed around field placements, professional electives, cultural exchange, community learning, youth programmes, and educational visits.

Partners benefit from

- Professional local coordination
- Safe and appropriate accommodation arrangements
- Strong community connections
- Personalized participant support
- Cultural immersion and community learning
- NGO and community-development exposure
- Public health engagement opportunities
- Research and institutional collaboration
- Long-term partnership potential
- Commitment to quality, ethics, safeguarding, and responsible practice

Tanzania offers

- Political stability
- English widely used in higher education and healthcare
- Internationally recognized referral and teaching hospitals
- Growing universities and research institutions
- Rich biodiversity and natural environments
- UNESCO World Heritage sites
- Globally renowned wildlife and conservation areas
- Swahili language and culture
- Strong traditions of hospitality and community life

Why Tanzania?

Tanzania offers participants a distinctive environment in which to combine learning, culture, community engagement and international experience. In addition, safe and healthy environment due to its political stability, English language is widely used in higher education and health care, internationally recognized referral hospitals, growing universities, UNESCO heritage, wildlife, Swahili culture and hospitality.

Its diverse communities, educational and health institutions, rapidly changing social and economic environment, rich cultural heritage and extraordinary natural landscapes provide opportunities for learning that extend far beyond a conventional classroom setting.

For NFF, however, the value of the experience lies first in the people and community's participants encounter and the understanding that develops through genuine exchange.

Why NFF?

NFF offers more than in-country coordination. As a Tanzanian nonprofit organization working across education, health, children and youth, families, and community development, we bring international participants closer to the people, institutions, and everyday realities that shape life and development in Tanzania.

Our local presence enables us to connect learning with context—helping participants move beyond observation to meaningful engagement, cultural understanding, and community-informed learning.

By working with appropriate local institutions and partners, NFF helps create program that respect local knowledge, institutional responsibilities, community priorities, and the objectives of the sending organization.

NFF is a bridge between international learning and local community impact.

The result is a learning experience rooted not only in Tanzania as a destination, but in Tanzania as a community, culture, and place of knowledge. Local presence. Community connection. Participant support. Cultural understanding.

Institutional coordination. Safeguarding. Responsible engagement.

Explore & Discover Tanzania

To extend the learning experience beyond the formal field study or elective period, NFF may facilitate optional cultural, historical and safari experiences for programme participants through collaboration with licensed local tourism providers. These experiences are designed as an extension of the participant's broader understanding of Tanzania—its people, landscapes, history, culture and development—not as a separate commercial tourism programme.

Kilimanjaro — Including Moshi, Chagga cultural experiences, local heritage sites and communities around Mount Kilimanjaro.

Arusha & the Northern Circuit — Tanzania's major tourism gateway and a convenient base for northern safari destinations — including Ngorongoro Conservation Area, Serengeti, Tarangire and Lake Manyara — as well as access to the wider Olduvai Gorge heritage area associated with some of the earliest evidence of human ancestry.

Dodoma — Tanzania's capital city and one of NFF's selected areas of operation, offering participants exposure to national institutions, public administration and central Tanzania.

Mwanza & Lake Victoria — A major city on Lake Victoria, the world's second-largest freshwater lake by surface area, offering a different regional, cultural and economic perspective.

Southern Tanzania — The Selous / Nyerere National Park safari area in southern Tanzania.

Zanzibar — For history, culture, heritage and coastal experiences.

NFF is not a safari operator. It facilitates and coordinates optional post-programme travel through licensed local tourism partners for its own participants and their accompanying sponsors or parents where applicable.

We Invite

NFF welcomes collaboration with institutions and individuals who share our commitment to safe, ethical and reciprocal international learning.

Universities and colleges

Study-abroad providers

Professional elective organizations

International placement organizations

Youth exchange organizations

International schools

NGOs and global-learning programmes

NFF is a bridge between learning and local community engagement!

Safeguarding, Participant Welfare & Program Policies

Participant safety, dignity, privacy and wellbeing are central to the NFF Global Learning & Cultural Exchange Host Program. NFF maintains policies governing safeguarding, participant conduct, health and emergency response, accommodation, security, privacy, discrimination, incident reporting, photography, transportation, insurance and institutional partnerships.

These policies apply to participants, NFF personnel, host families or accommodation providers, volunteers, relevant local partners and sending organizations involved in the NFF Global Learning & Cultural Exchange Host Program.

1. CHILD SAFEGUARDING AND PROTECTION POLICY

Purpose

Nurture Forward Foundation is committed to protecting every child and young person who participates in, visits, or comes into contact with activities conducted through the NFF Global Learning & Cultural Exchange Host Program. For program purposes, a child is any participant under the age of 18.

Our Commitment

The safety, dignity, wellbeing and best interests of children shall remain central to all program decisions involving minors.

NFF does not tolerate child abuse, exploitation, neglect, harassment, inappropriate behavior or any other conduct that may place a child at risk.

All persons working directly with minors through the program must maintain appropriate professional and personal boundaries and comply with NFF safeguarding standards.

Safeguarding Requirements

Where minors are hosted, arrangements may include:

- appropriate parental or guardian consent;
- screening of host families or accommodation providers;
- designated supervision arrangements;
- clear emergency contacts;
- age-appropriate orientation;
- safe transportation arrangements;
- agreed rules concerning overnight activities and independent travel;
- appropriate controls concerning photography and social media;
- procedures for reporting suspected abuse, exploitation or neglect.

Children must not be placed in situations that expose them to unnecessary risk.

Reporting Concerns

Any concern about a child's safety or wellbeing must be reported immediately to the designated NFF safeguarding or program contact.

NFF will assess the concern, take reasonable immediate protective measures, document the matter appropriately and involve the sending organization, parent or guardian, relevant professionals or authorities where required.

2. PARTICIPANT CODE OF CONDUCT

Purpose

The Participant Code of Conduct establishes the behavioral standards expected of everyone hosted through the NFF Global Learning & Cultural Exchange Host Program.

Participants Are Expected To

Participants shall:

- respect Tanzanian laws, communities, cultures and traditions;
- treat children, families, professionals, staff, hosts and fellow participants with dignity;
- comply with NFF safeguarding, accommodation, health and safety requirements;
- respect the rules of schools, hospitals, community organizations and other institutions they visit;
- maintain appropriate personal and professional boundaries;
- protect confidential and personal information;
- obtain appropriate permission before photographing, recording or publicly sharing information about other people;
- behave responsibly in accommodation and community settings;
- respect property belonging to hosts, institutions and communities;
- follow reasonable safety and transportation instructions;
- act only within their level of training, qualification and authorization.

Unacceptable Conduct

NFF does not tolerate:

- harassment or bullying;
- discrimination;
- violence or threats;
- sexual misconduct;
- exploitation;
- abuse of children or vulnerable persons;
- theft or deliberate property damage;
- serious breaches of confidentiality;
- professional activity beyond the participant's authorized scope;
- conduct that seriously endangers the participant or others.

Serious or repeated violations may result in restriction of activities, removal from accommodation or local institutions, notification of the sending organization, or termination of the participant's NFF hosting arrangement.

3. HEALTH, SAFETY AND EMERGENCY PROCEDURES

Purpose

NFF seeks to provide participants with reasonable local support in protecting their health, safety and wellbeing throughout their stay in Tanzania.

Before Arrival

Participants should provide NFF with appropriate:

emergency contact information;

insurance information;

relevant health or accessibility information;

travel and arrival details;

medical information necessary for safe hosting.

Participants are responsible for obtaining appropriate travel and health advice before entering Tanzania.

During Illness or Accident

For minor illness or a non-urgent health concern, participants should contact NFF and seek appropriate professional medical assistance where necessary.

Where serious illness or injury occurs, immediate safety and medical attention take priority.

Participants or those assisting them should contact appropriate emergency services or proceed to the nearest suitable medical facility and notify NFF as soon as possible.

Administrative approval should never delay urgent medical assistance.

Emergency Support

NFF may assist with:

contacting appropriate medical facilities;

communicating with the sending organization;

contacting the participant's emergency contact;

facilitating communication with the participant's insurer;

providing local logistical assistance;

documenting and following up significant incidents.

NFF does not replace medical professionals, emergency services or insurance providers.

4. ACCOMMODATION AND HOST STANDARDS

Purpose

NFF seeks to ensure that accommodation coordinated through the programme provides participants with a safe, respectful and reasonably comfortable living environment.

Accommodation Standards

Accommodation should provide reasonable standards of:

- cleanliness and sanitation;
- personal safety and security;
- appropriate sleeping arrangements;
- privacy;
- access to essential facilities;
- safe doors, windows, gates and locks;
- adequate lighting;
- reasonable access to program activities;
- an environment suitable for rest and study.

Host Responsibilities

Hosts or accommodation managers should:

- provide accurate information about the property;
- respect participant privacy and dignity;
- explain relevant household or property rules;
- maintain reasonable safety standards;
- identify responsible persons available to address concerns;
- control inappropriate or unauthorized access to participant areas;
- report serious incidents affecting participant welfare.

Enhanced requirements apply when minors are accommodated.

Reporting Accommodation Concerns

Participants may report concerns verbally, by telephone, WhatsApp, email or an NFF accommodation concern form.

NFF will assess concerns according to their seriousness and may seek corrective action, provide additional support or arrange alternative accommodation where necessary.

No participant should be penalized for raising a genuine accommodation or safety concern.

5. SECURITY, PRIVACY AND PROPERTY SAFETY POLICY

Purpose

Security arrangements should protect both individuals and property while preserving dignity, comfort and privacy throughout the participant's stay.

Individual Security

Participants should receive:

local safety orientation;

NFF emergency contact information;

accommodation contact details;

guidance regarding authorized visitors and access;

information about local transportation and personal safety;

clear instructions about whom to contact when concerned.

Property Security

Approved accommodation should maintain reasonable physical security measures such as:

secure entrances;

functioning locks;

controlled gates or access points;

adequate external lighting;

responsible property management;

reasonable visitor identification or access control;

safe arrangements for important documents and valuables.

Security Cameras

Where security cameras are used, they should serve a genuine safety or property-security purpose.

Cameras may be appropriate at locations such as:

external entrances and exits;

gates;

parking areas;

driveways;

other clearly shared security-sensitive areas.

Participants should be informed when CCTV or similar surveillance is operating.

Access to recordings should be restricted to authorized persons and used only for legitimate security, incident-review or lawful purposes.

Privacy

Cameras or intrusive monitoring must not be used in:

bedrooms;

bathrooms or toilets;

showers;

changing areas;

private sleeping areas;

other places where participants reasonably expect privacy.

Security should contribute to a participant feeling safe and comfortable—not watched or intruded upon.

6. DATA PROTECTION AND PRIVACY POLICY

Purpose

NFF recognizes the importance of protecting personal information provided by participants, families, sending organizations and program partners.

Information NFF May Collect

Information may include:

participant identification and contact details;

emergency contacts;

program information;

travel information;

accommodation information;

relevant health or accessibility information;

safeguarding documentation;

insurance information;

incident records where necessary.

How Information Is Used

Personal information shall be used only for legitimate program purposes such as:

administering hosting arrangements;

participant communication;

safeguarding;

accommodation coordination;

emergency assistance;

institutional liaison;

program monitoring and follow-up.

NFF will not sell participant personal information.

Confidentiality

Access to sensitive information should be limited to persons who reasonably need it for program, safeguarding, emergency, administrative or lawful purposes.

Information concerning children, health matters, safeguarding incidents and personal circumstances requires additional care.

7. ANTI-HARASSMENT AND NON-DISCRIMINATION POLICY

Commitment

NFF seeks to provide a respectful and inclusive hosting environment in which participants, staff, hosts, partners and community members are treated with dignity.

Harassment, bullying, intimidation, exploitation or degrading treatment will not be tolerated.

NFF does not accept unfair discrimination on grounds such as:

gender;

age;

disability;

nationality;

race or ethnicity;

religion;

socioeconomic background;

or other personal characteristics protected under applicable standards or law.

Participants are expected to respect cultural, linguistic, social and personal differences.

Reporting

Concerns may be reported to the designated NFF program contact.

Reports will be considered seriously and handled with appropriate confidentiality.

Retaliation against anyone raising a genuine concern is prohibited.

8. INCIDENT REPORTING AND RESPONSE POLICY

Purpose

Significant incidents affecting participant safety, welfare, safeguarding, accommodation or program conduct must be reported promptly.

Incidents May Include

serious illness or injury;
accident;
safeguarding concern;
harassment or discrimination;
missing participant;
transportation incident;
serious security concern;
theft;
accommodation emergency;
serious misconduct;
professional or institutional incident.

NFF Response

Depending on the nature of the incident, NFF may:

protect the participant from immediate danger;
contact emergency services;
obtain medical assistance;
notify the sending organization;
contact a parent or guardian where appropriate;
communicate with insurers;
inform a relevant local institution;
arrange relocation;
document the incident;
review corrective action.

Incident information shall be shared only with persons who reasonably need it to respond appropriately.

9. PHOTOGRAPHY, MEDIA AND CONSENT POLICY

Purpose

NFF promotes respectful communication and protects the dignity and privacy of people encountered through program activities.

Participants must not assume that access to a community, institution or individual automatically gives permission to photograph, record or publish information about them.

Consent Requirements

Appropriate permission should be obtained before identifiable:

photographs;

videos;

interviews;

testimonials;

personal stories;

other recordings

are collected or publicly shared.

Additional caution applies when photographing or recording:

children;

patients;

vulnerable individuals;

schools;

healthcare facilities;

private homes;

sensitive community situations.

Participants must also comply with the media and confidentiality rules of local partner institutions.

NFF shall seek appropriate consent before using identifiable participant photographs or testimonials in organizational communications.

10. TRANSPORTATION AND TRAVEL SAFETY POLICY

Purpose

Transportation coordinated through the program should support safe and reliable movement of participants.

NFF Transportation Standards

Where NFF coordinates transportation, arrangements should consider:

safety;

reliability;

suitability for the number and age of participants;

condition and appropriateness of vehicles;

responsible drivers or providers;

route and travel conditions;

safeguarding requirements for minors.

Participants should follow agreed transportation arrangements and notify NFF of significant changes.

Additional supervision or consent requirements may apply to minors.

Personal and Optional Travel

Participants undertaking personal travel outside program arrangements remain responsible for following appropriate safety guidance and informing NFF where their absence affects program or accommodation arrangements.

Optional tourism and safari services are separate from NFF's hosting function and should be provided through appropriate tourism providers.

11. INSURANCE REQUIREMENTS POLICY

Purpose

Appropriate insurance protects participants and program partners from avoidable financial and medical risk.

Participants must maintain suitable insurance for the duration of their international travel and program participation.

Depending on the program this may include:

international medical insurance;

emergency medical evacuation;

travel insurance;

personal accident insurance;

professional or malpractice coverage where applicable;

trip cancellation or interruption protection.

NFF may require proof of insurance before arrival.

NFF local hosting support does not replace the participant's insurance and does not assume responsibility for expenses normally covered by an insurer.

12. PARTNER RESPONSIBILITIES AND AGREEMENTS POLICY

Purpose

Clear responsibilities between NFF, sending organizations and local partner institutions are essential for participant safety and program quality.

Formal partnerships should be supported by an appropriate written agreement or Memorandum of Understanding.

NFF Responsibilities

NFF may be responsible for:

- local hosting and coordination;
- pre-arrival information;
- accommodation coordination;
- orientation;
- participant welfare;
- local cultural and community engagement;
- local transportation support;
- emergency coordination;
- institutional liaison;
- safeguarding oversight within its hosting role;
- program follow-up.

Sending Organizations Responsibilities

The sending organizations may retain responsibility for:

- participant recruitment and selection;
- academic or educational program design;
- academic supervision and assessment;
- academic credit or certification;
- participant eligibility;
- international travel;
- insurance;
- pre-departure preparation;
- professional requirements;
- disciplinary support;
- parental or guardian requirements where minors are involved.

Local Specialist Institution Responsibilities

Hospitals, schools, universities, community's organizations or other specialist institutions determine activities participants may undertake within their facilities and maintain responsibility for professional or institutional supervision within their mandate.

Shared Responsibility

All parties should communicate clearly, respect safeguarding obligations and avoid assuming responsibilities belonging to another organizations unless specifically agreed in writing.